



The Henry Cort Community College

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Our ref: JDP/LCD

5 November 2021

Dear Parents/Carers

VCert Health and Fitness Examination

As you are aware, your son / daughter will sit their PE VCert Health and Fitness examination on **Wednesday 17 November 2021**. To avoid any confusion, please note that this is also an inset day. **Students should arrive in college for 8:20am in full uniform**. We have arranged for buses to pick up as follows and buses will leave after the exam has finished.

Minibus/Bus G

We have arranged for one of our minibuses to collect students who usually get Bus G and Bus F and H will be a combined route. Details of stops and times will follow early next week.

Lucketts

YEAR 10	
• 07:25	• Whiteley, Primary School, Heading North East
• 07:27	• Whiteley, Yew Tree Drive, Opposite Sweethills Crescent
• 07:29	• Whiteley, Yew Tree Drive, Doctors Surgery
• 07:31	• Whiteley, Lipizzaner Fields
• 07:34	• Whiteley, Sheridan Gardens
• 07:37	• Whiteley, Hemingway Gardens
• 07:39	• Whiteley, Primary School, Heading South East
• 07:45	• Whiteley, Bluebell Way Roundabout
• 07:51	• Whiteley, Parkway
• 07:57	• Segensworth, Segensworth Road/Gardina Drive
• 08:08	• The Henry Cort Community College

Lucketts will pick up students at 11:45am to take them home after their exam – time to be confirmed.

As this exam is worth 40% of your child's overall PE grade, it is vital that we give it 100% focus and try to achieve the best possible grade that we can. To give students maximum learning time before the exam, this week we have changed all year 10 PE lessons to PE VCert theory lessons. This will give them an extra 3 theory lessons to boost revision in preparation for the exam. After the exam, lessons will return to practical.

In addition to this, I will be hosting a whole year group revision session in the Cort Theatre on Tuesday 16 November after college for 1 hour. Students are also expected to revise at

PRINCIPAL: Ms C Cabbage BSc (Hons), Dip Ed, MBA, CMgr FCMl

SENIOR LEADERSHIP: Mr T Mitchell BSc (Hons), MSc, Mr B Parker BA (Hons), Ms L Ferrier BA (Hons), Miss C Gudgeon BA (Hons) Mrs K Cook BA (Hons), ADSBM

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home. All revision resources are in the Year 10 Vcert Hub (code = 2g2untk). There are mock papers, mark schemes, mind maps, power point presentations and workbooks for them to revise from.

Your child's teacher marked their PE PPE paper and have given them their marks. Students should use this to their advantage and highlight any weaknesses in their learning and focus their revision on these topics. Please be aware that if students do not achieve their target grade for their exam, they may be required to re-sit the exam later in year 10 or in year 11, meaning they would need to be re-taught all of the exam content again.

We believe everyone has the capability of doing really well in their exam and all the PE staff are here to support, so please encourage your child to ask us for any help if they require it.

Finally, to support your child please ensure that they have sufficient stationery on the day of the exam including a clear pencil case, several black pens, some highlighters and a ruler. They should think carefully about their diet and nutrition on the day (e.g. have some fresh fruit and also a water bottle). Energy drinks and high sugar foods reduce performance in examinations and should be avoided at all costs. Students are not allowed to wear watches or have mobile phones with them during the exam and it is advisable that these are left at home if possible.

Please do not hesitate to contact me should you require any further help or information.

Yours sincerely

A handwritten signature in black ink, appearing to read 'J Plomer', enclosed in a thin black rectangular border.

Mr J Plomer
PE and Sport Partnership Leader