



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
ART	Day of the Dead			Graffiti Art			
DEVELOPING	https://www.youtube.com/watch?v=VlTfHm8G			https://www.youtube.com/watch?v=rsu1wTjIG8			
SECURE	https://www.youtube.com/watch?v=kg1R7m-8bdo			https://www.youtube.com/watch?v=yFYDZ4H5w			
MASTERED	https://www.youtube.com/watch?v=8HrH9K-PY			https://www.youtube.com/watch?v=Xm8tqH9Zw			
BUSINESS STUDIES	The role of business enterprise and entrepreneurship	Business aims and objectives	The Role of Marketing	The role of marketing	Human Resources	Production, Operations and Finance	
DEVELOPING	https://www.bbc.com/bitesize/guides/z8c9ks/revision/1	https://www.bbc.com/bitesize/guides/z9gcd2p/revision/1	https://www.bbc.com/bitesize/guides/zw987y/revision/1				
SECURE	https://www.youtube.com/watch?v=emHETnbN370	https://www.youtube.com/watch?v=0wz3rGZV2io	https://www.youtube.com/watch?v=Mco8y8AwOmA				
MASTERED	https://www.bbc.com/bitesize/guides/z8c9ks/test	https://www.bbc.com/bitesize/guides/z9gcd2p/test	https://www.bbc.com/bitesize/guides/zw987y/test				
COMPUTER SCIENCE	Systems Architecture, Translators & Facilities, Memory and Computational Logic	Algorithms, Programming Techniques & Development	Computers in society, misuse and the law	Producing robust programs, programming development, Process for success, Formal Coding Assessment	Network topologies, protocols & layers, Data representation, Programming development	Data representation, Programming techniques & development	
DEVELOPING	https://www.bbc.com/bitesize/guides/zmb9mp3/revision/1	https://www.bbc.com/bitesize/topics/zq6hvcw	https://www.bbc.com/bitesize/topics/z9i7hyc	https://www.w3schools.com/python/	https://www.bbc.com/bitesize/topics/zjdyrd	https://www.bbc.com/bitesize/topics/zd2xsbk	
SECURE	https://www.bbc.com/bitesize/guides/zmb9mp3/revision/1	https://www.bbc.com/bitesize/topics/zq6hvcw	https://www.bbc.com/bitesize/topics/z9i7hyc	https://www.w3schools.com/python/	https://www.bbc.com/bitesize/topics/zjdyrd	https://www.bbc.com/bitesize/topics/zd2xsbk	
MASTERED	https://www.bbc.com/bitesize/guides/zmb9mp3/revision/1	https://www.bbc.com/bitesize/topics/zq6hvcw	https://www.bbc.com/bitesize/topics/z9i7hyc	https://www.w3schools.com/python/	https://www.bbc.com/bitesize/topics/zjdyrd	https://www.bbc.com/bitesize/topics/zd2xsbk	
DIGITAL LITERACY	Course Overview	Exploring User Interface and Design Principles	Project Planning Techniques: Create a project plan and initial design	Developing a UI	Collecting, presenting and interpreting data	Data Processing Methods	Produce a dashboard
DEVELOPING		Pearson Active Learn Student Book: Pages 4 to 33	Pearson Active Learn Student Book: Pages 36-55	Pearson Active learn Student Book pp 58-67	Pearson Active Learn Student Book pp 72-85	Pearson Active Learn Student Book pp 88-127	Pearson Active learn Student Book pp 130-135
SECURE		Pearson Active Learn Student Book: Pages 4 to 33	Pearson Active Learn Student Book: Pages 36-55	Pearson Active learn Student Book pp 58-67	Pearson Active Learn Student Book pp 72-85	Pearson Active Learn Student Book pp 88-127	Pearson Active learn Student Book pp 130-135
MASTERED		Pearson Active Learn Student Book: Pages 4 to 33	Pearson Active Learn Student Book: Pages 36-55	Pearson Active learn Student Book pp 58-67	Pearson Active Learn Student Book pp 72-85	Pearson Active Learn Student Book pp 88-127	Pearson Active learn Student Book pp 130-135
CITIZENSHIP	Principles underpinning British Society	What do we mean by identity?	UK role in international organisations	How can citizens change society?	Politics and its Power	Project Planning	
DEVELOPING	https://www.youtube.com/watch?v=bc-kgvevUxc	https://www.youtube.com/watch?v=2a-1b5dJ8Ys	https://www.youtube.com/watch?v=ay6v0uWZc	https://www.youtube.com/watch?v=9jwXisFmc	Local government - http://www.fareham.gov.uk/	How to vote - https://www.youtube.com/watch?v=exv5USTsk	
SECURE	Oldham race riot - https://www.youtube.com/watch?v=UQCn-6N9hg	North Korea - democracy? https://www.youtube.com/watch?v=oS5DEwXxFu0	https://www.youtube.com/watch?v=1818J2dgm	Fathers for Justice - https://www.youtube.com/watch?v=pt6DvoM_rUA	Devolution - https://www.youtube.com/watch?v=zleVmqVB9p0	The Budget - https://www.youtube.com/watch?v=1bV1K3qGFM4	
MASTERED	https://www.youtube.com/watch?v=agRT_abnIMsk	Hacking - https://www.youtube.com/watch?v=1Fp6k0anr1	https://www.youtube.com/watch?v=168nspCvfu0	Jamie Oliver school dinners - https://www.youtube.com/watch?v=3Cz_zEP_E	How to vote - https://www.youtube.com/watch?v=exv5USTsk	The Budget - https://www.youtube.com/watch?v=Cq4TYoOUUq0	
DESIGN & TECHNOLOGY	Key Skills: Timbers		Key Skills: Polymers		Lighting		
DEVELOPING	Understanding the difference between a hardwood and softwood: http://www.technologystudent.com/designpro/natwd1.htm		Be able to explain the main processes involved in manufacturing polymers: https://www.youtube.com/watch?v=5Z26aG6emk		Innovative lighting designs: https://www.youtube.com/watch?v=xtTQBFTxM		
SECURE	Understanding how MDF is manufactured - https://www.youtube.com/watch?v=ZRE17ans0		Understanding thermoplastics & thermosetting plastics http://www.technologystudent.com/pdf4/poster_plastics1.pdf		How to make a igly stick lamp: https://www.youtube.com/watch?v=ZyU0U06z08		
MASTERED	How to manufacture a coffee table: https://www.youtube.com/watch?v=XoY9wG1t8U		Polymer forming processes in more detail: http://www.technologystudent.com/tespro_fish/boxlearning_polymers1.html		How to make a lamp: https://www.youtube.com/watch?v=25uhltm_w		
DRAMA	Total Theatre: explore Berkoff's total theatre through the play Metamorphosis	Dramatic tension: develop performance work	Performance Skills		Theatre in Education: drama as a teaching tool		
DEVELOPING	https://www.bbc.com/bitesize/guides/rtf65g/revision/3	https://thedramateacher.com/elements-of-drama-tension/	https://www.bbc.com/bitesize/guides/zq3wmm/revision/1		https://www.rpsa.com/rpsaweb/docs/gdvice-services/road-safety/practitioners/dramatic-impact.pdf		
SECURE	https://prezi.com/Dwqghvrodtds/steven-berkoff/	http://screenplayer.org/?p=25	https://www.bbc.com/bitesize/guides/zq3wmm/revision/3		http://www.bbc.co.uk/education/guides/zqbn39/revision		
MASTERED	https://www.youtube.com/watch?v=IMGzvxh8o&t=211s	http://www.septemberfawkes.com/2017/05/what-to-outline-when-starting-story.html	https://www.bbc.com/bitesize/guides/zc8tqk7/revision/1				
ENGLISH	Victorian era and industrial revolutions: what did the victorians do for us? Focus on a range of victorian poetry from AQA Anthology. Reading - newspaper reports on victorian mental institutions, Great Expectations and Poetry.	Modern American Literature and Film Noir voices: Focus on Raymond Chandler. Writing - stimulus writing using jazz music.	American Literature - A View from the Bridge by Arthur Miller	Exam Preparation: Language Paper 2 Skills. Comparison skills.	Power, conflict and ambition. Focus on Macbeth	Practice spoken language: Endorsement. Reading - Argumentative articles e.g. Charlie Brooker for high challenge and clips from BBC Room 101.	
DEVELOPING	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	
SECURE	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	
MASTERED	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	https://en-gb.podiet.com/Gatsbydivas/19hifefebv	
FOOD	Nutrition - The 5 main nutrients, Practicals - Bread and Pasta/Food Safety		Food Safety/practical skills-dough	Food Safety/Practical Skills-Dough-pasta, Bread, Buns	Nutrients- Macro and Micro/Practical skills-Meat & Fish	The Hospitality and Catering Industry/Special diets cooking skills-Vegan, Vegetarian, Coeliac	
DEVELOPING	Health & Safety-Basics Introduction to Food Hygiene		You Tube-How to Make BreadJamie Oliver	You Tube-How to make bread -Jamie Oliver	www.Foodfactoffile - 11-16-nutrients video (archived work)	You Tube how to be a healthy Vegetarian-for beginners guide	
SECURE	BBC Bitesize GCSE Food Prep & Nutrition Food Safety		You Tube-How to Braid 3-9 strands in the bread kitchen	You Tube- How to braid 3-9 strands in the bread kitchen	You Tube- design & Technology-Food Prep & Nutrition-7x videos	You Tube-Gluten Free Diet	
MASTERED	Happy Haven - Food Safety DVD		You Tube -Gemmas crazy bread dough series 1	You Tube -Gemmas crazy bread dough series 1	www.foodfactoffile- 11-16-nutrientsexplore food analysis program (archived work)	You Tube-How to survive on a Vegan Diet-Global News/www.foodfactoffile-yr11-16-archive area-special diet resources	



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GEOGRAPHY	Ecosystems and Tropical Rainforests	Hot Desert	Resources and Water	UK Physical Landscape	Field Work and Skills			
DEVELOPING	Adaptations in the rainforest - https://www.bbc.com/bitesize/guides/zx8n39g/revision/2	Characteristics of hot deserts - https://www.bbc.com/bitesize/guides/zpn6gfr/revision/1	Thar Desert Introduction - https://www.youtube.com/watch?v=svh7Vg6Sbc	Global Patterns of water supply - https://www.bbc.com/bitesize/guides/zpx382p/revision/1	UK Physical Map - http://www.freeworldmaps.net/eur/ope/united-kingdom/map.html	Major Rivers in the UK - https://www.bbc.com/bitesize/guides/zqk7nbk/revision/1	Introduction to field work	
SECURE	Deforestation in the Amazon - https://rainforests.mongabay.com/amazon/amazon_destruction.html	Why the Amazon matters - https://www.wrf.org.uk/where-we-work/places/amazon	Developing the Thar - https://www.bbc.com/bitesize/guides/zpn6gfr/revision/3	The Thar Desert - http://geographyrevisionqa.weebly.com/the-thar-desert-case-study.html	Sustainable water projects - https://www.bbc.com/bitesize/guides/zpx382p/revision/5	Lesotho Highland Water Project - https://www.youtube.com/watch?v=sgs1T5Q0Zek	UK Physical Landscapes - https://www.geography-fieldwork.org/gcse/before-starting/methods/	Sampling techniques - https://www.bbc.com/bitesize/guides/zyhd6fr/revision/1
MASTERED	Saving the Amazon - https://www.bbc.co.uk/news/magazine-16395830	Desertification - https://www.bbc.com/bitesize/guides/zpn6gfr/revision/4	The Sahel - https://www.youtube.com/watch?v=c-MYQKQXhI	Extended reading on Cape Town - https://www.theguardian.com/world/2018/may/04/back-from-the-brink-how-cape-town-cracked-its-water-crisis	UK Physical Landscapes - http://www.codgeography.co.uk/gcse/PL_UK_physical_landscapes.php	Wakal Basin Water Plan - http://dpanther.fiu.edu/dService/gisw/ProjectServices/project/WRM%20/Wakab%20Basin%20Rajasthan%20India	Evaluation skills - https://www.geography-fieldwork.org/gcse/before-starting/evaluation/	

HISTORY	Key Stage 3 National Curriculum	Germany 1890-1945	PPE Revision and Examination (Germany Unit)
DEVELOPING	https://www.bbc.com/bitesize/guides/z8f8yc/revision/1	https://www.youtube.com/watch?v=zraX21VP0Hs	https://www.youtube.com/watch?v=0...HX07HwY
SECURE	https://www.bbc.com/bitesize/guides/zsggdvs/revision/1	Weimar - https://www.history.com/topics/great-depression/great-depression-history	Weimar - https://www.bbc.com/bitesize/guides/z8v9qt/revision/3
MASTERED	https://www.history.com/topics/roaring-twenties/roaring-twenties-history	Weimar - https://www.britannica.com/place/Weimar-Republic	Nazi - https://www.bbc.com/bitesize/guides/zp382p/revision/1
		Nazi - https://www.history.com/topics/world-war-ii/nazi-party	https://www.britannica.com/place/Germany/The-Third-Reich-1933-45
			Past papers - https://www.aqa.org.uk/subjects/history/gcse/history-8145/assessment-resources

LANGUAGES	Where I live	Health	Ma vie sociale d'ado	À l'horizon	Spécial vacances	Moi dans le monde
DEVELOPING	https://www.youtube.com/watch?v=vwTMI03mybM	https://www.youtube.com/results?search_query=jean+spetit+guide+danse	https://www.youtube.com/watch?v=BCj728hnl_4	https://www.youtube.com/watch?v=2Xuedh8Fhg	https://quizlet.com/260714234/studio-3-module-4-les-vacances-flash-cards/	https://quizlet.com/30068675/studio-3-rouge-les-vacances-whole-unit-flash-cards/
SECURE	https://quizlet.com/337654463/places-in-town-and-prepositions-gcse-french-flash-cards/	https://quizlet.com/gb/289257831/gcse-french-illnesses-flash-cards/	https://quizlet.com/211311933/studio-3-rouge-module-1-flash-cards/	https://www.youtube.com/watch?v=Ev5yE_tqTc	https://quizlet.com/gb/273123212/studio-3-rouge-module-4-my-dreams-and-some-conditional-flash-cards/	https://quizlet.com/208704078/studio-3-vert-module-5-moi-dans-le-monde-complete-flash-cards/
MASTERED	https://quizlet.com/gb/366307255/k3-environment-flash-cards/	https://quizlet.com/303991151/french-healthy-eating-flash-cards/	https://www.youtube.com/watch?v=rW2Ahr8M9OU	https://quizlet.com/138920211/french-studio-3-rouge-module-3-the-world-of-work-flash-cards/	https://quizlet.com/30068675/studio-3-rouge-les-vacances-whole-unit-flash-cards/	https://quizlet.com/197821062/studio-3-rouge-module-5-les-conditions-flash-cards/

Listening and Reading

Speaking and Writing

Listening and Reading

MATHS	Place Value & Measures	Shape & Construction	Directed Number & Sequences	Statistical Calculations	Variables and Equations	Fractions, Decimals & Percentages	Calculations and Formulae	Function and Graphs	Statistical Diagrams	Ratio / Proportions	BODMAS	Transformations	Angles and Lines
DEVELOPING	Rounding to decimal places	Names of Quadrilaterals	Relative numbers, temperature	Calculate the Mean Average	Product of prime Factors	The Probability Scale	Area of compound shapes	Interpret a Pie Chart	Ratio to percent and fractions	Long Multiplication	Translations	Angles in a Quadrilateral	
SECURE	Metric units for length	Constructing an SSS Triangle	HCF & LCM	Mean from Frequency Tables	Solving Equations	Probability of a single event	Adding & Subtracting fractions	Construct a Pie Chart	Share an amount into a ratio	Order of operations	Rotations	Parallel line angles	
MASTERED	Speed, Distance and Time	Construct a perpendicular bisector	Nth term of a sequence	Estimate the Mean from Grouped Data	Forming Equations	Sample Space Diagrams	Converting fractions to percentages	Interpret Correlation of Scattergraph	Ratio Differences	Rounding to significant figures	Enlargements	Congruent Triangles	

MUSIC	In at the Deep End 2	Modelling Aural Learning: Using your ears to understand Music	Songwriting 101: How to start, how to develop and how to finish	Battle of the Bands 1	Battle of the Bands 2: The Show
DEVELOPING	Following on from last term, ensure you are picking something realistic and within your ability/technological grasp (e.g. you can't sing like Daft Punk).	Start to think about the theoretical implications of using your ears. You can find out lots of things by listening, then finding out what the thing you heard is called, then researching a definition for that.	Come up with a reliable chord structure of about 4 chords that can be repeated.	Decide on a set that can be learnt inside of a half term, and make sure you know 3 songs well.	Perform your music accurately and confidently.
SECURE	Completely avoid using online resources, focussing on developing your ear.	Develop written resources that are more closely related to musical notes than to tabs or lyric sheets. Improve your theoretical knowledge with your vast listening experience.	Add some additional melodic ideas to this, even short 'counter' melodies to your lyrics.	Focus on rehearsing the parts of the songs that you struggle with until you can't get the wrong.	Perform your music accurately, and with stage presence - think about how your music will be received.
MASTERED	Begin to research the musical theory that underpins what you have heard. If you hear a chord that is unusual, find out what it is.	Teach the theory you have learnt to others, and use this to further your own understanding of the theory that is a foundation for the music you enjoy.	Ensure that there is some development in your song, or that things change in a way that helps to drive the song forward.	Play your set through; repeat this until it is flawless.	Perform your music totally accurately, with stage presence, and where appropriate, interact with the audience.

PHYSICAL EDUCATION	Baseline / Fitness Tests	Invasion Games / Creative 1	Invasion Games / Racket / Creative 2	Health Related Fitness	Invasion Games / Racket / Creative 3	Athletics	Summer Sports - Rounders, Softball, Frisbee and Cricket
DEVELOPING	Fitness testing - https://www.bbc.com/bitesize/guides/zx4d4wss/revision/2	Components of fitness - https://www.bbc.com/bitesize/guides/zx4d4wss/revision/2	Types of muscle in the body - https://www.bbc.com/bitesize/guides/zpk82p/revision/1	Warm up and cool down components - https://www.bbc.com/bitesize/guides/zvqd2p3/revision/1	Factors affecting participation in sport - https://www.bbc.com/bitesize/guides/zvswm1/revision/4	Warm up and cool down - https://www.bbc.com/bitesize/guides/zvqd2p3/revision/1	Basic rules of rounders - http://www.simplerounders.co.uk/rules-of-the-game/
SECURE	Fitness testing, normative data - https://www.topend sports.com/testing/in-gym/	Components of fitness examples - https://www.youtube.com/watch?v=SVIawooQBM	Location of bones in the human body - https://www.teachpe.com/anatomy/4skelton.php	Warm up and cool down exercises - https://www.teachpe.com/gcse_training/sessions.php	Sport England benefits of sport - https://www.sportengland.org/	British Athletics - https://www.britishathletics.org.uk/	Basic rules of softball - https://www.reaibuzz.com/articles-interests/sports-activities/article/the-rules-of-softball/
MASTERED	Fitness testing, advantages and disadvantages - https://www.topend sports.com/testing/in-gym/	Test your knowledge - https://www.bbc.com/bitesize/guides/z734jes/test	Muscular system - https://www.bbc.com/bitesize/guides/zpk82p/revision/2	Warm up and cool down benefits - https://www.scienceforsport.com/warm-ups/	Preventing injury in sport - https://www.bbc.com/bitesize/guides/ztkcdm/revision/2	World records - https://en.wikipedia.org/wiki/List_of_world_records_in_athletics	Cricket rules and scoring - https://cricket-rules.com/



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RELIGIOUS STUDIES	Religious beliefs: Christianity and Hinduism, nature of God, afterlife, the world and human life	Religious practice: Christianity and Hinduism, worship, sacraments, pilgrimage, festivals, social concept, religion in UK			Issues of Human Rights
DEVELOPING	Christian - https://youtu.be/UK-Uj0Hy0s8E , Hindu - https://youtu.be/9EiCCU9oNk4	Hinduism - https://youtu.be/o-s0MNSPBJg	Christianity - https://youtu.be/E5-ak5tXMM4		https://youtu.be/3ank5ZT1_50
SECURE	Hinduism - https://www.bbc.com/bitesize/topics/zth4dmm , Christianity - https://www.bbc.com/bitesize/topics/zc46nkk	Hinduism - https://www.bbc.com/bitesize/topics/zsf97hw	Christianity - https://www.bbc.com/bitesize/topics/zq7vrdm		https://www.truetube.co.uk/film/poverty-and-christianity
MASTERED	https://youtu.be/LmrsLwH147g		https://youtu.be/RODO3n1cSPc		https://www.bbc.com/bitesize/guides/zrb42hw/revision/3

SCIENCE	BIOLOGY	Cell Biology (B1)	Organisation (B2)	Bio-energetics (B4)
	DEVELOPING	https://www.youtube.com/watch?v=E9Z1AaRC-E	https://www.bbc.com/bitesize/topics/zwj2Znib	https://www.bbc.com/bitesize/topics/zaws7p3
	SECURE	https://www.bbc.com/bitesize/guides/z84tva4/revision/1	https://www.youtube.com/watch?v=4ul465Hhna&list=PL9IouNCPcXvGDI3ATU1uM_X_F8jghPCB	https://www.youtube.com/watch?v=3KIAWIHQ4sM
	MASTERED	https://www.newbold.outwood.com/revision-science	https://www.youtube.com/watch?v=QnsRt0Xhuo8	http://www.st-josephs-southern.sch.uk/?wpfb_d=832
	CHEMISTRY	Atomic Structure and Periodic Table (C1)	Bonding, Structure and Properties (C2)	Quantitative Chemistry (C3)
	DEVELOPING	https://www.memrise.com/course/257147/gcse-aqa-c1-2/1/ , https://www.youtube.com/watch?v=EMDrbZLgI7E	https://cd1.edb.hkedcity.net/cd/science/chemistry/resource/animations/index.htm	https://brannel.com/wp-content/uploads/2018/05/3-Quantitative-Chemistry-Foundation-Revision-Activity-Mat.pdf
	SECURE	https://www.bbc.com/bitesize/topics/zcckk2tp	https://www.bbc.com/bitesize/topics/z33rrwx	https://brannel.com/wp-content/uploads/2018/05/3-Quantitative-Chemistry-Higher-Revision-Activity-Mat.pdf , https://www.youtube.com/watch?v=eAIBVvhmsK0
	MASTERED	https://www.youtube.com/watch?v=YFYU5uJlBoo	https://www.youtube.com/watch?v=jdA1e9p5c	https://www.bbc.com/bitesize/guides/zs24h39/revision/1
	PHYSICS	Particle Model of Matter (P3)	Electricity (P2)	Energy (P1)
	DEVELOPING	https://www.bbc.com/bitesize/guides/zwwfhr/revision/1	https://www.youtube.com/watch?v=5A4WaiSVEA	https://www.bbc.com/bitesize/topics/z89dtds
SECURE	https://www.youtube.com/watch?v=c29oGgDUD	https://www.bbc.com/bitesize/guides/zvq6at/revision/1	https://www.youtube.com/watch?v=W0Bn-hn6pwU	
MASTERED	https://www.bbc.com/bitesize/guides/zvrvv4/revision/1	https://www.youtube.com/watch?v=Cv657Yah17g	https://www.youtube.com/watch?v=K9aYv18qms	

SPORT SCIENCE	Nutrition for Sport	Applying the Principles of Training
DEVELOPING	https://www.rhsinform.acad/healthy-living/food-and-nutrition/eating-well/vitamins-and-minerals	https://www.bbc.com/bitesize/guides/zahwbk/revision/1
SECURE	https://www.nutrition.org.uk/healthy-living/healthy-diet/eatwell.html	https://www.bbc.com/bitesize/guides/zyq42p3/revision/2
MASTERED	https://www.nutrition.org.uk/healthy-living/an-active-lifestyle/eating-for-sport-and-exercise.html	https://www.brianmac.co.uk/condition.htm

TEXTILES	Topic 1: Klimt Cushion - Gustav Klimt Pattern/Shape		Topic 2: Scandi Lights - 1950s Scandinavian Kitchen Textiles/Ceramics	
	Decorative Skills: Visual Artist Study, Mixed Media Collage, Interiors Mood Board, Block Printing (foamy blocks), Stencil Print (recap), Machine decoration, Net Applique, Hand Dying Fabric, Quilling	Construction Skills: Independent machine set-up and troubleshooting (recap), Patchwork piecing, Machine cord (recap).	Decorative Skills: Observational drawing of fruit/veg, Artist studies, Shape & Pattern development using line drawing & collage, Textural stencil print	Construction Skills: Free machine embroidery, Cut work applique, Embellishment
	DEVELOPING	How to sew Back Stitch: https://www.youtube.com/watch?v=Hm8CL9WDA	How to sew machine couching: https://www.youtube.com/watch?v=imyb3X3kxwA	Work of illustrator Emma Dibben: http://www.emmadibben.com/
	SECURE	Several ways to sew on a sequin: https://www.youtube.com/watch?v=W28BFX8tw	Free machine embroidery demo with Gina Ferrari (on a Bernina machine): https://www.youtube.com/watch?v=znF1MeTkuU	Free machine embroidery demo with Gina Ferrari (on a Bernina machine): https://www.youtube.com/watch?v=znF1MeTkuU
MASTERED	Embroidery satin stitch tutorial: https://www.youtube.com/watch?v=FzAumf:qoWE	Embroidery stitch tutorial: Button stitch - https://www.youtube.com/watch?v=pevF88lUgc	Creative cord making with fabric strips & threads: https://www.youtube.com/watch?v=T-GC-dWp5dIM&index=25&list=PLbfcXoX7uBdcr5AMass6-tdzqajmvo	Creative cord making with fabric strips & threads: https://www.youtube.com/watch?v=T-GC-dWp5dIM&index=25&list=PLbfcXoX7uBdcr5AMass6-tdzqajmvo