



UPDATED: September 2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Resilience & Wellbeing Growth mindset	Democracy Culture, British culture, Diversity, Culture around the world, London	Respect Derogatory language, Diversity, Cyber safety	Careers Employability skills, broadening careers knowledge, What is work & changing job market, Social enterprise	RSE Parents & relationships, Friendships & managing friendships, Puberty, Body image & FGM	Enterprise & Finance Basic saving & Benefits
Year 8	Resilience & Wellbeing Healthy eating, growth mindset, Health risks	Enterprise & Finance Basic banking, consumer rights, simple tax	Democracy Role of the Police, Anti-social behaviour, Punishment & modern policing	Respect Positive role models, Alcohol, illegal substances & smoking, Bullying	Careers What is Charity, Employability skills, Technical courses	RSE Body changes, Menstruation, Body confidence, Online grooming & cyber bullying, sexting & peer pressure, attraction & consent
Year 9	Resilience & Wellbeing Healthy routines, Healthy body, Sleep, Oral health, Vaccinations	Respect Legal & illegal substances, Sexting, Prejudice & stereotyping	Enterprise & Finance Taxation & allowance (NI), Investing for the future, Insurance & risk	RSE Gender, Sexuality, Healthy relationships, Sexual consent, Contraception, Sexual exploitation & forced marriage	Democracy Trade & Empire, Negatives of Empire, Understanding of the EU, National identity	Careers Employability skills, Higher Education, Networks, College research, Post 16 options recap
Year 10	Careers WEX, CV writing, employability skills, Post 16 options and barriers	RSE Managing relationships in times of stress, committed relationships, Health & unhealthy relationships, STI & Contraception, Pregnancy	Resilience & Wellbeing Mental health, Stigma & positivity, Building resilience & self-esteem	Democracy Types of Government, Voting, Political parties, Protest	Enterprise & Finance Enterprise, Loans, Debts	Respect Environmental responsibility, Drug health, Media
Year 11	Resilience & Wellbeing Research around revision, getting started, revision planning time, Health during exams/ looking after yourself	Careers Interviews & preparation for Post 16 study	RSE Sex & consent, Pornography, Sexual violence, harassment & abuse	Enterprise & Finance Education & finance, Pensions, Problem solving	Respect Substance use & risk, Cultural diversity, Human rights	Democracy Importance of voting, Leaders of the world, Pride

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