



This document has been produced to help parents/carers access information quickly, but should be read in conjunction with national guidance for self-isolation: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Accessing work whilst self-isolating - To assist any student who are self-isolating whilst they are waiting for COVID test results or have tested positive, we have collated all of our curated lesson resources on Google Classrooms “hub” pages. Every student can access Google Classroom hubs using their @henrycort.co.uk email. Staff regularly reference the website during lessons, so we expect students to be aware of what they are learning and where they can find it. Students have been regularly shown how to use this as part of their IT lessons, and throughout the lockdowns. Your child should be able to show you how work is accessed by clicking on the hub class and selecting the classwork option. Most of our resources are in the form of voiced over PowerPoints, along with supporting worksheets. If self-isolating students should email this work to their teachers once complete or print it off and bring it into college when they return.

What to do if...	Action needed	Return to college when...
<p>My child has Covid-19 symptoms including any of the following:</p> <ul style="list-style-type: none"> • A new continuous cough • A high temperature • A loss of, or change in, your normal sense of taste or smell 	<ul style="list-style-type: none"> • Do not send your child to college • Contact college to inform us • Order an immediate confirmatory PCR test • Self-isolate any members of the household who are not fully vaccinated and are over the age of 18 years and 6 months • Child completes work from Google Classroom 	<p>The PCR test comes back NEGATIVE and your child feels well enough to return to college OR The PCR test comes back POSITIVE: return after 10 days following the date on which symptoms first began AND your child feels well again.</p> <p>At parents’ discretion, this period can be reduced to 5 full days so that the child may return on day 6 provided they take two lateral flow tests, 24hrs apart, which are both negative AND your child feels well/has no temperature. The first LFD test must be taken no earlier than day 5 of the self-isolation period. If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days (24hrs apart) or until they have completed 10 full days of self-isolation, whichever is earliest.</p>
<p>Someone in my household has Covid-19 symptoms</p>	<ul style="list-style-type: none"> • Household member with positive result/symptoms to self-isolate and order an immediate PCR test • Self-isolate any members of the household who are not fully vaccinated and who are over the age of 18 years and 6 months 	<p>Child should continue to attend school providing they have no symptoms themselves.</p> <p><i>(Monitor your child for any symptoms – please note that children with Covid-19 may display mild symptoms such as a headache/runny nose/sore throat/sneezing/tummy ache/nausea).</i></p>

What to do if...	Action needed	Return to college when...
<p>My child tests positive for Covid-19 on an LFD (lateral flow device)</p>	<ul style="list-style-type: none"> ● Do not send your child to college ● Contact college to inform us ● Report the positive result https://www.gov.uk/report-covid19-result ● Self-isolate any members of the household who are not fully vaccinated and are over the age of 18 years and 6 months ● Child completes work from Google Classroom 	<p>Return after 10 days have passed following the date of the first LFD test (or following the date that symptoms began if they were symptomatic prior to taking the LFD test – Test & Trace will advise) AND your child feels well.</p> <p>At parents’ discretion, this period can be reduced to 5 full days so that the child may return on day 6 provided they take two lateral flow tests, 24hrs apart, which are both negative AND your child feels well/has no temperature. The first LFD test must be taken no earlier than day 5 of the self-isolation period. If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days (24hrs apart) or until they have completed 10 full days of self-isolation, whichever is earliest.</p> <p><i>NB – if your child has a positive lateral flow test when they have no symptoms, but later develops symptoms, their self-isolation period re-sets so that day ‘0’ for self-isolation will be the first day they experienced symptoms rather than the date of the positive test.</i></p>
<p>My child tests positive for Covid-19 on a PCR</p>	<ul style="list-style-type: none"> ● Do not send your child to college ● Contact college to inform us including the earliest date of return ● Self-isolate any members of the household who are not fully vaccinated and who are over the age of 18 years and 6 months ● Child completes work from Google Classroom 	<p>The PCR test comes back POSITIVE: return after 10 days following the date on which symptoms first began, AND your child feels well again.</p> <p>At parents’ discretion, this period can be reduced to 5 full days so that the child may return on day 6 provided they take two lateral flow tests, 24hrs apart, which are both negative AND your child feels well/has no temperature. The first LFD test must be taken no earlier than day 5 of the self-isolation period. If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days (24hrs apart) or until they have completed 10 full days of self-isolation, whichever is earliest.</p>

What to do if...	Action needed	Return to college when...
<p>Someone in my household tests positive for Covid-19 on an LFD or a PCR test</p>	<ul style="list-style-type: none"> Household member to self-isolate & follow Test and Trace advice Self-isolate any members of the household who are not fully vaccinated and who are over the age of 18 years and 6 months Inform the college that your child is a close contact. 	<p>Children aged 5yrs and above who are close contacts with a confirmed case of Covid-19 should take daily lateral flow tests for 7 days. They may continue to attend college providing these tests are negative and they show no symptoms themselves. (Monitor them for any symptoms – as above).</p> <p>If the child is not yet 5, daily LFD testing is not advised. Parents should limit the child’s contact with anyone who is at higher risk of severe illness if infected with COVID-19, and arrange for them to take a PCR test as soon as possible. The child can continue to attend school while waiting for the PCR result providing they have no symptoms.</p>
<p>NHS Test and Trace has identified my child as a close contact of a confirmed case of Covid-19</p>	<ul style="list-style-type: none"> NHS Test and Trace will give instructions on whether daily lateral flow tests (5 year +) or a PCR test is needed and what other measures should be taken to minimise risks. 	<p>Children aged 5yrs and above who are confirmed close contacts should take daily lateral flow tests for 7 days. They may continue to attend school providing these tests are negative and they show no symptoms themselves. (Monitor them for any symptoms – as above).</p> <p>If the child is not yet 5, daily LFD testing is not advised. Parents should limit the child’s contact with anyone who is at higher risk of severe illness if infected with COVID-19, and arrange for them to take a PCR test as soon as possible. The child can continue to attend school while waiting for the PCR result providing they have no symptoms.</p>
<p>NHS Test and Trace has identified a household member/s as a close contact of a confirmed case of Covid-19</p>	<ul style="list-style-type: none"> The household member/s must self-isolate if instructed by NHS Test and Trace (if over 18 years 6mths and not double vaccinated) and follow their guidance re: Covid testing 	<p>Child should continue to attend school</p>

What to do if...	Action needed	Return to college when...
<p>My child is ill with cold-like symptoms: for example, headache, runny nose, sore throat etc.</p>	<ul style="list-style-type: none"> • If your child is feeling unwell, please keep them at home and inform the school • Monitor your child carefully for symptoms. If they have a temperature, a cough develops or their sense of taste/smell changes, they must self-isolate and take a PCR test • If they are well enough for school, and symptoms are not getting worse, consider use of LFDs as a precaution before they return to normal activities • Child completes work from Google Classroom 	<p>Child may attend school, providing they are feeling well. Parents of children aged 5yrs + may want to consider the use of LFDs as a precaution, even if the child has not been a known close contact of a positive Covid case.</p> <p>Please note that if a child develops a new cough or has a high temperature at school, they will be sent home to self-isolate for 10 days OR until they receive a negative PCR result.</p>
<p>My child is ill with symptoms not linked to Covid-19 but could be contagious (for example sickness, diarrhoea) or is too ill to come to college.</p>	<ul style="list-style-type: none"> • Do not come to college • Contact college to inform us on the first day 01329 843127 (option 1) • Keep us updated regarding the absence 	<p>After 48 hours following the last bout of sickness or diarrhoea (as per attendance policy) or when feeling well if not sickness / diarrhoea related</p>

PLEASE NOTE: The college is not responsible for identifying and informing close contacts and will only be involved in identification of close contacts if contacted directly by NHS Test and Trace. You can view the full NHS guidance on when to self-isolate and what to do at: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>.

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