



Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
	Autumn 1							Autumn 2					Spring 1					Spring 2					Summer 1				Summer 2												
Year 9	Nutrition for Sport							Assessment Window		Nutrition for Sport *(1)					Assessment Window		*(1)	Applying the Principles of Training					Exams	Applying the Principles of Training			Assessment Window		Applying the Principles of Training										
Year 10	Nutrition for Sport							Assessment Window		Applying the Principles of Training					Assessment Window		Applying the Principles of Training			Applying the Principles of Training				Pre-public Exams (PPE)		Work Experience		Year 11											
Year 11	Nutrition & Exam Preparation							Pre-Public Exams (PPE)		The Effects of Exercise					Pre-Public Exams (PPE)		The Effects of Exercise			Year 11 GCSE Exams commence																			

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ACHIEVEMENT \* SUPPORT \* PERSEVERANCE \* INDIVIDUALITY \* RESPECT \* EXCELLENCE