

## **HC3S GLUTEN FREE & COELIAC MENU**

## **UPDATED:** November 2022

## **IMPORTANT NOTICE:**

Students must inform the Kitchen Manager **every morning** if they would like hot food that day, so it can be prepared in time for lunch break.

Cold food will need to be pre-ordered on a Thursday for the following Monday/Tuesday/ Wednesday, or Monday for the following Thursday/Friday.

Please ask your child to speak to the kitchen staff if they need any help or advice.

HOT FOOD OPTIONS			
Bacon	Hash browns	Jacket potato	
Chicken burger	Wedges	Vegetarian sausage	
Vegetable goujons	Chips	Nachos (plain or with tomato topping)	
Fish fingers	Cakes	Pasta	

COLD FOOD OPTIONS				
Egg & tomato roll	Summer chicken or bombay aloo wrap	Popcorn	Crisps	

## **#ASPIRE**

Our vision is to make The Henry Cort Community College an outstanding school at the heart of the community. We aspire to do this through a chievement and support whilst building perseverance, individuality and respect in pursuit of excellence.